# Q PORTAL DETAILS

## INITIAL ASSESSMENT INTERVIEW AND MEDICAL HISTORY REVIEW

» In-depth interview with a nurse practitioner covering current conditions, health history, lifestyle concerns and complete medical history including vitals, medications, allergies, inoculations and family history



### **ELECTRONIC CONSOLIDATED HEALTH RECORD**

» Consolidation of existing medical records from health providers and institutions



» Records available through a secure online portal with information posted on an on-going basis

# **MEDICAL CONSULTATIONS**

» Review and explanation of specialist consults and diagnostic tests and imaging



- » Clarification of current diagnosis and examination of treatment options
- » Exploration of alternative health approaches and allied care services

# REFERRAL MANAGEMENT

- » Reminders for appointments and tracking of wait list options
- » Assistance and reminders for required pre-appointment preparation
- 1+

» Suggestions for symptom management while awaiting appointments

### **CONDITION MANAGEMENT**

On-going monitoring of vitals and test results, with reminders for treatment of existing conditions such as diabetes, COPD, heart disease, hypertension, asthma, chronic pain, sleep disorders, depression and other disease diagnosis



- » Consolidated care plans based upon current medical 'best practice'
- » Coaching aimed at primary and secondary disease prevention and behavioral change

### **MEDICATION MANAGEMENT**

- » Review of current medications and supplements by your health team and posted to electronic medical record
- » On-going follow-up to ensure that medication is up to date, refills are completed in a timely manner and medications are being taken properly and performing as expected



# 24/7/365 MEDICAL TRIAGE

- » Nurses available for urgent and off-hours phone calls, providing 'informed triage' through information from the caller and access to online portal
- » Continuous follow-up until patient has stabilized or escalation is required

# PROACTIVE CHECK INS

» Nurse routinely reaches out to check on employee's health status and to address emerging concerns



# **MEDICAL QUESTIONS AND RESEARCH**

» Health-related questions and research requests responded to by a nurse practitioner



## **COLLABORATION WITH FAMILY DOCTOR**

» Quadrant365 is available to both employee and family doctor



- » Will communicate new information shared by employee and request follow-up appointments
- » Family doctor can provide medical orders to Quadrant365 professionals for follow-up with employee

### **HEALTH CARE SYSTEM NAVIGATION**

» Assistance finding local and international resources and providers



# **ADVOCACY**

» Direct advocacy by Quadrant365 to attending hospital medical team, ensuring employee and family member questions and concerns are addressed and the care plan is understood



Our vision is to unite the various stakeholders in workplace health, safety and well-being through value-based strategies focused on your company's most valuable asset: its employees.



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